



GROUP LEADER TRAINING

I initiated this Group leader Training to support and strengthen the Trainees who wish to initiate and lead Tibetan Pulsing Events and Group experiences. Each Year we focus on different topics that occur with our Trainees.

All work is group work ... is group play

This Group leader Training is a synthesis of practically transmitting "Know How" ...

- to clear up, incorporate and deal with practical challenges leading a group, like:
- How to choose music
- What it means "holding the space"
- Practicals and challenges handling the mike
- Art of Communication
- How to support participants in their processing
- How to bring participants out of their processing (emergency)

... and an experiential, creative approach

- to intensify our team work using interactive action methods like i.e. playback theatre and Video recording
- To heighten the awareness of tuning into the energy field of the group
- To enhance the capacity to tune into an individual and into one another
- To explore and deepen the connection with one's own voice
- To support the group work, the group play inside the "dance of the team"
- To refine the ability to lead and follow for the benefit of Co-Creation

This 4 day GLT Training will continue inside our Intensive. The Trainees may get invited to embody responsible positions inside the Training and thus can integrate their lessons and put them into practise – inside a safe and supervised field.

... for the Team to function as ONE ...